

Alleviating Arts Pricing

New Narratives

\$60 - \$120 per 1-hour session meeting weekly. (Bi-weekly optional)

Select 6-10 sessions.

Option to add more sessions after start date with a \$5 charge per session.

Enrollment 2 weeks in advance to start date WITH contact and approval of current Therapist.

Once enrolled, Alleviating Artist will contact you with supply list and recommendations.

Rolling Basis

Making Feelings Felt

One-time 3-hour individual workshop (\$120 - \$200)

OR

6-10 one-hour sessions \$50 - \$100 per session

Option to add more sessions after start date with a \$5 charge per session.

Enrollment 2 weeks in advance to start date WITH contact and approval of current Therapist.

Once enrolled, Alleviating Artist will contact you with supply list and recommendations.

Rolling Basis

Conscious Collaging

One-time two-hour session

Group Rate: \$30 - \$60 per person (minimum of 3 people, maximum of 10 people)

Individual Rate: \$80 - \$150

Enrollment 1 week in advance for Individuals, 2 weeks in advance for groups.

Rolling Basis for Individuals

Crystal Creations

One-time two-hour session

Group Rate: \$30 - \$60 per person (minimum of 3 people, maximum of 10 people)

Individual Rate: \$80 - \$150

Enrollment 2 weeks in advance to start date.

Once enrolled, Alleviating Artist will contact you with supply list and recommendations.

Rolling Basis for Individuals

Analyzing Your Art

Singular 1 - hour session \$60 - \$90

Monthly 1 - hour sessions \$40- \$80 per month with commitment for 4 months minimum

Singular 2 - hour group session \$30 - \$50 per person (min of 3, max of 10)

Rolling Basis for Individuals